

## Reminder to all athletes:

You must have an **unexpired physical** on file with the school nurse to be able to participate in practice.

You must be **registered in Family ID** before the first day of practice in order to participate.

<b>Sport</b>	<b>Start Date</b>	<b>Time</b>	<b>Location</b>	<b>Coach</b>	<b>Coaches Contact Email</b>
Varsity Football	Saturday August 20	7:30 am-12:00 pm	HS Practice Field	Brian Briggs	Briggsb1974@gmail.com
Varsity and JV Field Hockey	Monday August 22	7:30 am-11:30 am	HS Field Hockey Field (Outback)	Renee Morrison- V Heather Bates-JV	<a href="mailto:rmorrison@remsencsd.org">rmorrison@remsencsd.org</a> hbates@hpschools.org
Varsity and JV Boys Soccer	Monday August 22	8:00 am-10:00 am	GWF Soccer Fields Field 2	Brittany Kessler- V Mike Ferris-JV	<a href="mailto:bkessler@hpschools.org">bkessler@hpschools.org</a> <a href="mailto:mferris@hpschools.org">mferris@hpschools.org</a>
Varsity and JV Girls Soccer	Monday August 22	8:00 am-10:30 am	GWF Soccer Fields Field 1	John Riemenschneider-V Stephanie Strzepek-JV	<a href="mailto:jriemenschneider@hpschools.org">jriemenschneider@hpschools.org</a> sstrzepek@hpschools.org
Varsity Girls Swim	Monday August 22	7:30 am-9:30 am	HS Pool	Mike Reilley- Head Coach Nick Commisso-Asst. Coach	<a href="mailto:mreilley@hpschools.org">mreilley@hpschools.org</a> ncommisso@hpschools.org
Varsity Girls Tennis	Monday August 22	9:30 am-11:00 am	HS Tennis Courts	Scott Parsons	Parsonss1229@yahoo.com
Varsity Boys Cross Country	Monday August 22	7:00 am-9:00 am	HS Main Entrance	Tim Hoffman	adrsign99@gmail.com
Varsity Girls Cross Country	Monday August 22	7:00 am-9:00 am	HS Main Entrance	Rebecca Dietrick	rdietrick@hpschools.org
Varsity Cheer	Monday August 22	9:00 am-10:30 am	HS Gym	Aileen Viel-Head Coach Emily FiField-Asst. Coach	Tba efifield@hpschools.org
Modified Football	Monday August 29	4:00 pm-7:00 pm	HS Practice Field	Bob Allen	Knights5985@gmail.com
Modified Field Hockey	Monday August 29	8:30 am-11:30 am	MS Field Hockey Field	Rachel Bunker	rachelbunker@gmail.com
Modified Boys Soccer	Monday August 29	8:00 am-10:00 am	GWF Soccer Fields Field 3	Christina DiGristina	cdigristina@hpschools.org
Modified Girls Soccer	Monday August 29	8:00 am-10:00 am	GWF Soccer Fields Field 3	Josh Olney	jolney@hpschools.org
Modified Girls Swim	Tuesday September 6	2:45 pm-4:30 pm	HS Pool	Olivia Deraway	oderaway@hpschools.org
Modified Co-Ed Cross Country	Thursday September 8	3:00 pm-4:30 pm	MS side field	Marc Verri	mverri@hpschools.org